



NMBA SYNCHRONISED SWIMMING PROGRAMME

2016/17

NMBA Competitions

15 October	Figures Group 1 (NMMU)
5 November	Figures Group 2 (NMMU)
26 November	Figures Group 3 (NMMU)

NMBA Championships

3 December	Figures (venue TBA)
4 December	Solos (venue TBA)

SSA Competitions

12 – 14 December	National Age Groups (Durban) (11 December – training day)
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2017

27 February	East Cape Schools Challenge (venue TBA)
March	SSA Level 1 & 2
April	SSA Nationals